



#### *Accommodations*

Each man enjoys a private room in one of six Dutch colonial homes at the retreat center. The chapel, dining room, lounge area, and administrative offices are in the main building.

#### *Cost*

There is no set fee. When leaving Sunday you will be asked to donate what you can reasonably afford, anonymously if you wish.

#### *When*

Retreats begin every Thursday at 6:30 p.m. with dinner at 7 p.m. They end after supper on Sunday at 7:15 p.m. Attendance is expected for the entire retreat. Please do not plan to leave early.

#### *For further information*

Call 651-777-1311 Monday - Friday 9 to 4

*Jesuit Retreat House*  
8243 Demontreville Trail North  
Lake Elmo, MN 55042-9545  
[www.demontrevilleretreat.com](http://www.demontrevilleretreat.com)



To  
know,  
Love,  
and  
serve God  
in this world

Demontreville  
JESUIT RETREAT HOUSE





## About the Demontreville Retreat House

Each year more than 3,000 men from all walks of life participate in retreats at the Demontreville Jesuit Retreat House. Retreats at Demontreville have one theme: to know, love, and serve God in this world. To really know, love, and serve God, however, one must know oneself. The Spiritual Exercises of St. Ignatius Loyola (1491-1556) provide a wonderful method for doing this. They help us see who we are - one loved by God. They help us realize we are called by God to follow Jesus Christ, who became man over 2,000 years ago to show us how to live. Through the action of his Holy Spirit he still shows us how to live today.

The daily schedule includes four or five general conferences of approximately 30 minutes each. Conferences are based on the Spiritual Exercises and are followed by a free period to reflect on the matter presented and to apply the ideas to one's own life. Staff members are available during these periods for private consultation. The Eucharist is celebrated daily. There are also daily opportunities to participate in the rosary and Benediction. The Sacrament of Reconciliation is also available.

Strict silence is maintained throughout the weekend, except for an optional recreation period after dinner on Friday and Saturday. Being silent in a beautiful natural setting with no agenda and nowhere to go, waiting, and listening for God to speak are key ingredients for communicating with God.



### Personal Reflection

Each conference by the Retreat Director is followed by a period of time to be spent in prayer and reflection. This time should be spent prayerfully reflecting on the ideas presented and relating them to your personal life to see to what degree they can best influence your religious, family, business and social lives. This period of personal reflection and prayer can be spent in the chapel, in your own room, or in any prayerful spot around the grounds.



### Rosary

Rosary is recited each day outside, unless the weather is inclement and then it is recited in the chapel. It begins at the Marian Shrine outside of Manresa. Those who find the recitation of the rosary in procession too strenuous may recite it privately in the chapel.

### Stations of the Cross

Stations of the Cross can be made privately anytime during the retreat.



### Chapel

The chapel is the place of Eucharistic prayer and the retreat conferences. The architecture and simple unadorned environment create an atmosphere helpful for prayer and reflection.



### Private Conferences

Members of the staff will be available shortly after each of the four conferences during the day for private consultation in their small conference rooms. They are not available after the evening conference.

### Confessions

Saturday afternoon following the 2:30 Conference is set aside for the Sacrament of Reconciliation.

